

What Do U Want 2B?

Objective: Students will explore different careers based on their values and interests. They will record information about careers they are interested in.

Overview: You may not know exactly what you want to be, but now you sure have several ideas! This lesson allows you to explore career options that really align with your values and interests.

Preparation: If needed secure a computer lab at least 2 months in advance.

Materials:

Handout 1: Student Directions

Handout 2: Career: What do you Value in a Career?

Handout 3: Your Career Interests (Social, Artistic, Investigative, Conventional, Realistic, and Enterprising)

Handout 4: What Do U Want 2B?

Handout 5: Career Exploration Worksheet (3 per person)

Computer

Instructions: (1 hour)

Part 1: (10 minutes)

a. As a group, begin How Do You Get There? by reading handout 1 as it explains the purpose and goes through the activity one step at a time.

Part 2: (15 minutes)

a. Now that you have an overview of the activity. Begin with Handout 2: Career: What do you Value in a Career? Worksheet.

b. The Top part of the sheet: Start by having students read each statement to the best of their ability and start circling the ones that seem to describe them – up to 5.

c. Students use the five values they circled and find them in the four of the six groups at the bottom of the page.

i. For example: If one of my values were helping others. I would find a match under the social heading.

Part 3: (5 minutes)

- a. Once students have identified the four categories that best match them, they will receive handout 3. Students only need to identify the 4 categories that match them.
- b. Now that the students have established the values that align with different careers. Students will circle three possible career options that interest them.
 - i. For example: If I were social. My Career Interest would be Social: “The Helpers”. I might circle an Athletic trainer, teacher and police officer.

Part 4: (5 minutes)

- i. Record your 12 careers on handout 4, What Do U Want 2B?

Part 5: (25 minutes)

- j. Now that you have your career options narrowed down to 12. You will star the top 3 careers you would like to explore farther.
- k. Students will use the Occupational Outlook Handbook website to explore 3 careers and fill in a Career Explorations worksheet for each career.
 - i. Model how to use the website and fill out the career exploration worksheet as a whole group.
 - ii. Occupational Outlook Handbook: <https://www.bls.gov/ooh/>
 - iii. Once at the website you will see a variety of bubbles. Choose two bubbles to explore that align with your career values. The third career exploration is your choice.
- l. Students will receive three Career Exploration worksheets to work on individually. They must find what a (select career to explore) does, How to become one, salary, available jobs now/and the future, and similar jobs.

P2HS Closure/Transition

Note to Students: You have just completed information on 3 careers that interest you. Remember this activity is giving you an idea about different professions you may like, this does not mean you are limited to these careers only. It is okay to change your minds, and when you do, take advantage of these materials and explore new career options. The future is yours!