

What Do U Want 2B?

Objective: Students will explore different careers based on their values and interests. They will record information about careers they are interested in.

Overview: You may not know exactly what you want to be, but now you sure have several ideas! This lesson allows you to explore career options that really align with your values and interests.

Preparation: If needed secure a computer lab at least 2 months in advance.

Materials:

Handout 1: Student Directions

Handout 2: Career: What do you Value in a Career?

Handout 3: Your Career Interests (Social, Artistic, Investigative, Conventional, Realistic, and Enterprising)

Handout 4: What Do U Want 2B?

Handout 5: Career Exploration Worksheet (3 per person)

Computer

Instructions: (45 minutes)

Part 1: (3-5 minutes)

a. As a group, begin How Do You Get There? by reading handout 1 as it explains the purpose and goes through the activity one step at a time.

Part 2: (8-12 minutes)

a. Now that you have an overview of the activity. Begin with Handout 2: Career: What do you Value in a Career? Worksheet.

b. The Top part of the sheet: Start by having students read each statement to the best of their ability and start circling the ones that seem to describe them – up to 5.

c. Students use the five values they circled and find them in the four of the six groups at the bottom of the page.

i. For example: If one of my values were helping others. I would find a match under the social heading.

Part 3: (5 minutes)

- a. Once students have identified the four categories that best match them, they will receive handout 3. Students only need to identify the 4 categories that match them.
- b. Now that the students have established the values that align with different careers. Students will circle three possible career options that interest them.
 - i. For example: If I were social. My Career Interest would be Social: “The Helpers”. I might circle an Athletic trainer, teacher and police officer.

Part 4: (5 minutes)

- i. Record your 12 careers on handout 4, What Do U Want 2B?

Part 5: (25 minutes)

- j. Now that you have your career options narrowed down to 12. You will star the top 3 careers you would like to explore farther.
- k. Students will use the Occupational Outlook Handbook website to explore 3 careers and fill in a Career Explorations worksheet for each career.
 - i. Model how to use the website and fill out the career exploration worksheet as a whole group.
 - ii. Occupational Outlook Handbook: <http://www.bls.gov/oco/Uhome.htm>
 - iii. Once at the website you will see a variety of bubbles. Choose two bubbles to explore that align with your career values. The third career exploration is your choice.
- l. Students will receive three Career Exploration worksheets to work on individually. They must find what a (select career to explore) does, How to become one, salary, available jobs now/and the future, and similar jobs.

P2HS Closure/Transition

Note to Students: You have just completed information on 3 careers that interest you. Remember this activity is giving you an idea about different professions you may like, this does not mean you are limited to these careers only. It is okay to change your minds, and when you do, take advantage of these materials and explore new career options. The future is yours!

Handout 1: What Do U Want 2B?

PURPOSE:

After this activity, you will know what you need to do in high school to be at the correct place when you apply to your specific major/degree in college. To actually get where you want to go – you have to plan how to get there. Let's start planning!

DIRECTIONS:

1. Complete the **Career: What Do You Value in a Career?** (Handout 2).
2. Using the top five values that are most important to you, reference the categories (*Realistic, Investigative, Artistic, Social, Enterprising, Conventional*) in the table below. Read through them and circle the 4 that you think best describe your personality and write them below:

1.
2.
3.
4.

3. Browse through Handout 3 (**Your Career Interests**), identify the 4 categories you just listed above and start to underline/highlight 2-3 careers that intrigue you from those category columns.
4. When done, move onto Handout 4 (**What do you want to be?**) and start recording your data.
5. Now you are ready to investigate your top careers and record what you learn on Handout 5 (**Career Exploration**).
6. Have fun learning about your possible future careers!

Handout 2: What Do U Want 2B?

***The following phrases describe values that people hope to obtain from their career. Read each statement and circle the top 5 that are most important to you.**

Help Others	Work with others -collaborative activities	Public Contact -interact with people
Competition – I Like to win and enjoy challenges	Make Decisions -power to make decisions that affect others	Leadership - control the work activities of others
Influence People – be able to change attitudes or opinions of others	Work Alone – do projects by myself	Knowledge – like to learn, find truth, and understand
General Creativity – create new ideas, programs, projects	Change and Variety – work in places where all is constantly changing	Artistic Creativity –create with different art forms
Constancy – work where I have routine and job duties that do not change	Security – know that I have a job for a long time and it pays well	Recognition – be noticed for my job well done
Excitement and Adventure	Profit and Gain – this job guarantees making lots of money	Independence – be able to do what I want to do at work and how to do it my way
Location – live where my lifestyle allows me to enjoy what I like to do.	Physical Challenge – physical activity is involved	Time Freedom – follow your own time schedule

***Using the descriptions you circled above, now circle 4 personality categories describes you.**

Realistic	Investigative	Artistic	Social	Enterprising	Conventional
People who have athletic or mechanical ability, prefer to work with objects, machines, tools, plants or animals, or to be outdoors.	People show like to observe, learn, investigate, analyze, evaluate, or solve problems.	People who have artistic, innovating or intuitional abilities and alike to work in unstructured situations using their imagination and creativity.	People who like to work with people to enlighten, inform, help, train, or cure them, or are skilled with words.	People who like to work with people, influencing, persuading, performing, leading or managing for organizational goals or economic gain	People who like to work with data, have clerical or numerical ability, carry out tasks in detail or follow through on others' instructions

(from RIASEC model of occupations, Psychological assesment Resources, Inc. (PAR) – copyrighted work of Dr. John L. Holland.)

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Handout 4: What Do U Want 2B?

What do you want to be? This question is difficult for so many people to answer, even adults! However, it is most helpful to know where you are. Once you know this, then you can figure out where to go from there!

DIRECTIONS:

Part 1: Record your 12 careers you identified in the previous activity (Interests Category) and fill in the matrix below. Start by filling in the four dominant categories that identified your type of interests.

	Your 4 Categories	Career 1	Career 2	Career 3
1.				
2.				
3.				
4.				

Part 2: What do you think you want to be (for example: where do you think you want to work? What kind of job do you think you want to have?). To help you select a few options, look at the Occupational Outlook Handbook website and fill in the Career Explorations worksheet.

<http://www.bls.gov/oco/Uhome.htm>

Handout 5: What Do U Want 2B?

DIRECTIONS: Fill in this worksheet!

1. Keep scrolling down on the website to answer the questions below.
- m. If you need help, simply raise your hand! =)

Q: WHAT DOES A _____ (the option you selected) DO?

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Q: HOW DO I BECOME A/AN _____?

(Read the section titled **HOW DO YOU GET READY** and write down the steps you would need to take)

1.
2.
3.
4.
5.

Q: HOW MUCH DOES THIS JOB PAY? _____

Q: HOW MANY JOBS ARE THERE IN THIS CAREER RIGHT NOW?

Q: WHAT ABOUT THE FUTURE – HOW MANY JOBS WILL BE AVAILABLE?

Q: ARE THERE OTHER JOBS LIKE THIS? (Write them here).

LOOK AT THE LIST ABOVE. CIRCLE ANY OPTIONS YOU FIND INTERESTING.

NOW WHAT

You have just completed two pages about a profession that interests you.

Remember, this activity is giving you an idea about different professions you may like. This does not by any means limit your college experience to these professions.

Remember, if you change your mind this week or next year or senior year in high school that IS OK! The good news is, whenever you do change your mind, you can use these worksheets again and still find information about other career options. SO have fun with it! **The future is yours.**